



SPORTS EXTRA
CURRICULAR PROGRAMME



TERM 1 2017/2018

LUNCHTIME

<u>DAY</u>	<u>ACTIVITY:</u>	<u>ACTIVITY: BOYS / GIRLS:</u>
MON	YEAR 10/11 NETBALL. SPORTS HALL. LJS TABLE-TENNIS CLUB. GYM. ALL YEARS. GP YEAR 10/11 WEIGHTS AND FITNESS. FITNESS SUITE. MAB	GIRLS BOYS AND GIRLS BOYS AND GIRLS
TUE	YEAR 10/11 BASKETBALL. SPORTS HALL. TW YEAR 10 AND 11 WEIGHTS AND FITNESS. FITNESS SUITE. MAB	BOYS AND GIRLS BOYS AND GIRLS
WED	YEAR 7 INDOOR FOOTBALL. SPORTS HALL. TW YEAR 8/9 NETBALL. TENNIS COURTS. KR ALL YEARS DANCE CLUB. DANCE STUDIO. LJS	BOYS GIRLS BOYS AND GIRLS
THURS	YEAR 7 NETBALL. SPORTS HALL. LJS / KR YEAR 10 AND 11 WEIGHTS AND FITNESS. FITNESS SUITE. MAB YEAR 10 / 11 VOLLEYBALL CLUB. GYM. GP	GIRLS BOYS AND GIRLS BOYS AND GIRLS
FRI	YEAR 7-9 BADMINTON CLUB. SPORTS HALL. GP YEAR 10-11 WEIGHTS AND FITNESS. FITNESS SUITE. MAB	BOYS AND GIRLS BOYS AND GIRLS